



18th March 2022

Dear Year 11 & Parents/Carers,

We realise that we only wrote to you this time last week and it's a bit soon for another update but as the exam season approaches we seem to have more and more information to give you!

There are four things we need to tell you about:

- 1. Period 6 interventions** run after school from 3-4pm. After attendance in lessons and an individual revision plan at home, attendance at the period 6 interventions is the next most important thing for maximising success this summer. We're so sure that these make such a difference that we are bribing students with prizes for the form who attends the most frequently! PLEASE try to attend three interventions per week; it will help with revision and maximise your success in exams.
- 2. Wellbeing** - it's a tough time for students when the exam season is approaching and some students may feel the need for some extra support to manage stress. We're been offered some time in school with a Mental Health professional who will run a workshop with a small group of students. If you'd be interested, please contact Mrs Hine or Mrs Audemard. If a workshop isn't your thing, please check out the [Mental Health and Exam Stress](#) section of the PRS Revision website (also accessible via PRSBucks.com). It has lots of useful information including a reminder of the .b mindfulness strategies that we taught the whole year group in Year 8. They do work!
- 3. Revision timetable.** Mrs Davoren has created a [revision timetable](#) that some students might find useful. There is a copy of the Google Classroom and you can make your own copy of this. There is also an alternative (more complicated) version on the [PRS Revision website](#). Remember that period 6 interventions count as revision.
- 4. Mock exams & student feedback:** Mr Smith has sent out a [Google form](#) to collect feedback about the mocks so we can repeat the support that students feel worked well, and change anything that didn't. We need to hear your voice so please fill this in Year 11.

We wish you all a lovely weekend - enjoy the sunshine!

Yours faithfully,

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