

3rd November 2025

Health Related Behaviour surveys: Year 8 and Year 10

Dear Parents and Carers,

I'm pleased to inform you that our school, along with around 20 other schools in Buckinghamshire, has been invited to participate in a Health Related Behaviour survey of young people.

- **What is the survey for?**

The survey data will inform our PSHE (Personal, Social, Health and Economic) curriculum at PRS, as well as providing valuable data at county level which can be used to improve services and education for young people in our local communities. At PRS, it will help us to identify general areas of focus (eg. sleep) compared against national averages; we can then use this information to plan and deliver appropriate lessons and support for our young people. The survey can be repeated in 2 years' time in order to track progress and measure impact and improve our curriculum further.

- **Is the questionnaire suitable for my child?**

The survey method that we are using has been developed by the Schools Health Education Unit and has been in use for over 40 years. Over 3,000 schools have used the survey, and the questions concern a wide range of health behaviours, for example:

Home and family
Tobacco, Alcohol,
Healthy Eating
Drugs

Relationships, emotional health and well-being,
Leisure and money
Exercise
Sexual health

We (and the Local Authority) have reviewed and approved the content of the questionnaire, and it has been customised to suit our local setting. Students do not have to answer a question if they prefer not to. If you would like to view the questionnaire, a paper copy will be held in Reception and you are welcome to make an appointment to come and look at it.

- **What happens to my child's data?**

Each questionnaire is anonymous and confidential. No names are given and no pupil will be identified when the data is returned to our school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils, which can be found below.

How will the survey be delivered?

The survey will be completed on chromebooks during a one hour PSHE lesson, between 17-28th November. Students will be given an introduction to the questionnaire and signposted to support in case a question raises any concerns. Students will be reassured that this is not a test or exam;



they can ask for help during the survey and the usual SEND support will be available in the lesson. Extra time can be arranged if needed.

I hope you join me in welcoming this initiative for providing improved health education for our pupils. If you have any further questions, or you do not wish for your child to take the survey, please feel free to contact me at ztaylor@prsbucks.com. Otherwise we will be completing this as part of our curriculum time on 17th-28th November.

Yours faithfully,

Zettie Taylor

Head of PSHE

Princes Risborough School



Privacy Notice – school surveys



1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. www.sheu.org.uk

2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.

BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.



9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.

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