

Friday 8th May 2026

Dear Students and Parents & Carers of Year 11,

So, the start of GCSEs is finally upon us! Monday is the first 'official' day of the exam period, with English Literature Paper 1 for all students at 8.45am on Monday.

Please remember that students are expected to attend lessons when they are not in an exam until the end of this term. Staff will plan the last few lessons before the exam very carefully and it's important that everyone is there so they don't miss out. Year 11 Study leave starts on Monday 1st June.

Here's a reminder of the [timetable](#). Exams for Year 11 are highlighted in light green.

Students had an Exams reminder session today in form time. Here is a [link to the slides](#) for reference. Students need to be really clear about the rules and regulations of the exam boards.

Here is a summary of what next week looks like:

Monday 11th May	English Literature 1 AM	Business 1 PM (calculator required)
Tuesday 12th May		Biology & Combined Science PM (calculator required)
Wednesday 13th May	Geography 1 AM (calculator required)	Computer Science 1 PM
Thursday 14th May	Maths 1 (non-calculator) AM	German Writing PM
Friday 15th May	History 1 AM	

*Every exam needs a BLACK pen - most also need a pencil, rubber, ruler and highlighter pen.
Calculators are required for Maths Papers 2 & 3, all Science papers, all Geography papers,
Textiles, Product and Business exams.*

What can parents do to support students during the next six weeks?

1. Encourage your child to get an early night, especially on exam days; sleep is vital for excellent performance.
2. Encourage your child to eat healthily and drink plenty of water throughout the exam period - no energy drinks or too much sugar as this will have a negative effect on performance and ability to concentrate during an exam.
3. Try to make sure that students balance revision and relaxation - they need both!



4. Take an interest in your child's revision (and help to test them if they let you!). Ask about what revision strategies work best for them.
5. Make sure you know what exams are coming up and that your child has the correct equipment (prepared the night before!) for each exam so there are no last minute panics in the morning.
6. Check your child's uniform before they leave in the morning - they must be in full school uniform before they go in. This will avoid any conflict with staff before they go into the exam room - we want all students calm and in a positive frame of mind at the start of every exam.
7. Make sure your child arrives at school by 8.40am - again, this allows for a calm start and no panics. There is a short revision warm up before each morning exam either in the Terrace Cafe or M21 at 8.30am.
8. Tell them you believe in them!

What can students do to support their own success during the exam season?

- Revise regularly
- Get plenty of sleep
- Get plenty of exercise
- Look after your physical, emotional and mental health
- Eat well and make sure you are hydrated with water
- Be organised - know what exams are coming up and what you need to bring into the exam room
- Believe in yourself!

All the PRS staff wish students and their parents or carers the very best of luck over the next 6 weeks.

Yours faithfully,

Mrs C Audemard
Deputy Head of School

Mrs S Barnes
Head of Year

Mrs E Voss
Raising Achievement Officer

